

## Recent Clients

Lapwing have recently worked with the following groups and organisations.

- \* Age UK, Sunderland
- \* Age Concern Durham County
- \* Eastbourne Court, Sheltered Accommodation, Byker
- \* WI Groups
- \* SureStart Groups



Making Textile Wrapped Jewellery.

Creating a Felted Banner.

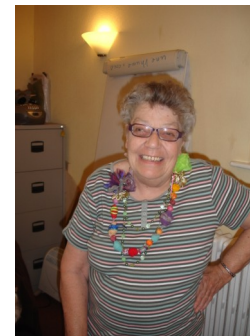


Visually impaired group .  
Mixed Media  
Banner,  
November 2010.

Mixed  
Media Banner,  
November 2010



"Look at my  
beautifully made  
Textile Wrapped  
Necklace!"



Lapwing members have current CRB certificates and Lapwing Crafts Ltd has public and product liability insurance up to £5 million.

For information about Lapwing visit our website  
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## Creative Craft Workshops for Well Being and Mental Health



"Craft workshops are  
therapeutic"



*Let Your Creativity Take Flight*

## Creative Workshops

Tactile, inspirational creative workshops enable participants to relax and unwind in a secure stress free environment.

Lapwing members have observed that students of all ages and abilities benefit greatly from working in groups where they share experiences, fears and aspirations. With the support and help of tutors and group members, participants develop confidence and creative ability.

Team working, communication, negotiating and planning are some transferrable skills that are acquired indirectly through our workshops and lead to greater confidence from within and outside the group.

Creative sessions run by Lapwing can be incorporated into programs which aim to reduce stress and enhance well being and mental health.

Using tactile materials such as clay is particularly beneficial for those with visual impairments and reduced motor abilities; hooky and proggy sessions are fantastic for sparking conversations and shared memories of a local and traditional craft.

## Relax & Unwind

If you are interested in Lapwing designing workshops specifically for your group or organization, contact us and we will work with you to create an individual creative program to meet your needs.

Lapwing members have creative skills in  
Ceramics : Mosaics  
Felt Making : Peg Loom Weaving  
Hooky & Proggy  
Silk Painting : Silk Paper Making  
Textile Wrapping  
Collage

Through schools, community and consultation groups we have worked with visually impaired adults, the elderly, children and young people with learning and other disabilities.

We also have experience of Project:

- planning, management and implementation;
- budgeting;
- consultation;
- IT skills;
- TV and Film production.



## Participant Quotes

“If there were craft centres next to doctors surgeries there would be less people seeing the doctor.”



“Without the team we would have been lost.”

“The help of the ladies brought something into my life.”



“You can have one idea by yourself but working in a group lets you share everybody’s ideas.”



“Absolute Fun!”

